



## Authentic Nature Play and the Growth it Fosters

Join a group of public and private early childhood professionals as together we learn new skills for playing and learning outside with young children.

### A 7-Session Professional Learning Community

Professional Learning Communities (PLCs) are growing nationally as an effective way to share and gain knowledge as well as make lasting changes in practice. **By signing up for this PLC, you commit to seven two-hour sessions for a total of 14 hours.** Between meetings, you begin to implement what you learned in order to foster rich discussion and reflection within the group.

#### Each PLC meeting will include:

- Take-home tools, materials, or ideas to use immediately with students.
- Commitments of change in practice related to nature play.
- Reflection and support for changes in practice resulting in greater authentic nature play for students.
- Time outdoors to apply new ideas and explore natural spaces.
- Suggested resources (books, articles, websites, etc.) to enhance discussions.
- A light and nutritious meal.

**Meetings:** Wednesdays, 5:30-7:30 pm, Enfield Community Building, Route 4, Enfield, NH

October 12<sup>th</sup>: Adult Role  
November 9<sup>th</sup>: Physical Spaces  
December 14<sup>th</sup>: Measured Learning  
January 11<sup>th</sup>\*  
February 8<sup>th</sup>\*  
March 8<sup>th</sup>\*  
April 12<sup>th</sup>\*

*\*Topics TBD by group, and may include: cooking and campfires, natural science with young children, benefits and risk, health connections, or mindfulness.*

**Cost:** For 14 hours of professional development: \$50 per participant for NH educators/residents, thanks to grant funding from the Wellborn Ecology Fund NHCF. For all others, fee is \$150. Professional development certificate is available. Graduate credit also available for an additional fee.

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*Sponsored by Wellborn Ecology Fund NHCF, Enfield Community Building &*

